Essential Professional Development for Educators

Created by leading mental health and education experts at Partnerships in Education and Resilience (PEAR) and incubated at Harvard and McLean Hospital, we offer these four workshop tracks as a response to the urgent needs of educators, youth, and their communities.

Addressing the Youth Mental Health Crisis

Youth mental health is at a crisis—the Surgeon General has issued an advisory on the urgency of the problem. This **3-workshop series** offers solutions for educators.

Building Relationships, Belonging & Safe Structures Series

The disruption of the pandemic has led youth to feel disconnected from learning and their peers. This **3-workshop series** helps educators create rituals and norms, reduce disruptions and build connections.

Supporting Educator Wellness

Educators are leaving the field in record rates and those who are staying are reporting burnout and stress. This **workshop** helps educators build their personal wellness toolkit beyond the pandemic.

Leveraging Developmental Resilience in the Face of Adversity Series

Youth are facing their own challenges in addition to the stresses of the pandemic, racial injustice, political unrest, and climate crisis. This **4-workshop series** introduces PEAR's new theory of building resilience while engaging with adversity.

All workshops can be taken as a one-time training or as part of a series and can fit into existing professional development time. Certificates and support for PDP applications are available.

Partnerships in Education and Resilience (PEAR) | www.pearinc.org | 781-226-1586 | contact@pearinc.org

PEAR is committed to create a workshop experience that will be right for your team. ***Please contact us to discuss workshop duration, group size, certificate and professional development points options***. All workshops are virtual, and we can provide in-person training options in the Northeast and other select regions. Email contact@pearinc.org to learn more.

"This was the best PD we've had during school orientation! There was such a great balance of slides/ independent work/ group work. You really modeled for us how to create an engaging remote lesson and that was just as powerful as the many great resources you shared. I was genuinely sad when it was over!" – Workshop Participant

Detailed Workshop Information

Series	Description	Workshop Options	Duration	Pricing
Addressing the Youth Mental Health Crisis	Participants will use a social-emotional framework to understand the challenges youth face, identify "look-fors" in mental health and wellbeing, and create a plan to address mental health needs in their school or program.	1. Understanding the Present Situation from a Mental Health Perspective 2. How Do We Know What Youth are Going Through? 3. A New Vision of Three Tiers of Support	3 workshops, 2 hours each	$1,100 per virtual workshop $3,000 for 3 workshops (Max 50 participants)
Building Relationships, Belonging & Safe Structures	Participants will reimagine what belonging looks like in their school or program, learn how rituals and agreements can build consistency, and design a plan that fosters belonging and community.	1. Reimagining Belonging 2. Connection and Reconnection: Structure, Agreements, and Rituals 3. Relationships and Identity	3 workshops, 2 hours each	$1,100 per virtual workshop $3,000 for 3 workshops (Max 50 participants)
Supporting Educator Wellness	Participants will learn a framework for understanding their social emotional needs, discuss wellness and healing, and build their personal wellness toolkit.	1. Educator Wellness – 2 hours 2. Educator Wellness – 1/2 day	Two-hour or Half-day workshop	$1,100 2-hour $2,200 half-day (Max 50 participants)
Leveraging Developmental Resilience in the Face of Adversity	Educators will learn how to help youth tap into their own resiliencies to address the adversity they face.	1. Introduction to Developmental Resilience 2. How to Develop Your Resilience Now and Into the Future 3. Finding and Supporting the Strengths in Youth with Mental Health Needs 4. Applying Developmental Resilience Skills to Work with All Students	4 workshops, 2 hours each	$1,100 per virtual workshop $4,000 for 4 workshops (Max 50 participants)

"The presenters are always so welcoming and engaging! The session is always divided up so we learn, process, and build action steps." – Workshop Participant

Sign up now: https://bit.ly/PEAR-training