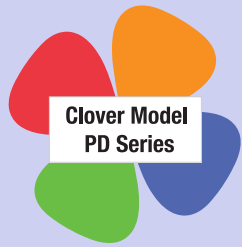




## Assertiveness, Youth Voice, and Agency: Professional Development Certificate Program



Clover Model  
PD Series

Youth have been rocked by cascading mental health, school violence, pandemic, and climate crises. To navigate this adversity, youth need support developing voice, decision-making skills, and a confident sense of self. PEAR's certificate program features up-to-date research on youth mental health from experts at Harvard and McLean Hospital, where PEAR began.

This is a 6-hour professional development series for educators with a certificate in Assertiveness, Social Emotional Development, and Mental Health issued upon completion. PEAR can work with your district to qualify this series for professional development points (PDP).

Book your PD now:  
<https://bit.ly/PEAR-training>

### 1 Who is this program for?

Educators interested in building the structures and tools to boost student voice and agency in their learning environments

### 2 What will participants learn?

- How providing youth with opportunities for assertiveness benefits educators
- To adapt their lessons, activities and practices to incorporate more youth to practice assertiveness
- To redesign a decision-making process to increase youth agency and decision-making power

### 3 What topics are covered?

1. The Benefits of Assertiveness for Youth and Educators
2. Strategies and Practices for Cultivating Assertiveness
3. Fostering Youth Agency through Collaborative Decision Making

### 4 What does the program cost?

- **Groups <10:** \$225 per person
- **Groups 10-50:** \$6,000 (\$2,000 per session)
- *Contact PEAR for larger group and whole school/program pricing and discounts.*



781-226-1586 | [pearinc.org](http://pearinc.org) | [contact@pearinc.org](mailto:contact@pearinc.org)

Sample

# PD CALENDAR



The PEAR team will work with you to determine the optimal schedule and delivery format for this professional development series to meet your school or program's needs.

## SESSION

## LEARNING OBJECTIVES

### Benefits of Assertiveness for Youth and Educators

- Define assertiveness and how it benefits youth in academic and life success
- Discuss how providing youth with opportunities for assertiveness benefits educators
- Reflect on their current practices and identify new strategies to explore

### Strategies and Practices for Cultivating Assertiveness

- Name strategies that increase youth assertiveness
- Discuss how different strategies lead to greater assertiveness
- Adapt their own content to include more opportunities for real-world problem solving, decision-making, & relevance

### Fostering Youth Agency through Collaborative Decision Making

- Explain the benefits of shifting agency and decision-making power to youth
- Identify opportunities for youth agency and decision-making
- Redesign a decision-making process to increase youth agency and decision-making power



To earn your certificate in Assertiveness, Social Emotional Development, and Mental Health, visit:  
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